

國立中興大學 114 學年度新生入學健康檢查說明(114.7.1)

依據「學校衛生法」第 8 條規定，學校應建立學生健康管理制度，定期辦理學生健康檢查，並作成紀錄，主要為測量學生之健康狀況、早期發現缺點及疾病，以謀早期矯治、養成個人重視身心健康之觀念、態度與行為、增進家長與教師對於學生健康之注意與關心。

一、檢查方式（由衛生福利部臺中醫院到校實施）：

1. 健檢對象：各學制新生、轉學生及復學生
2. 健檢費用：**650 元/人**，健檢當天繳交給醫院
3. 攜帶證件/文件：
 - (1) **身分證**（報到時需查驗）
 - (2) **新生 EZ come 系統**列印之「**健康資料自填項目**」
4. 上網預約健檢時間：**2025/8/18~2025/8/26**（每個時段限 150 人）
5. 預約網址：<https://www.surveycake.com/s/PZepa>
6. 健檢時間：
 - (1) **2025/9/4~2025/9/5 及 2025/9/8~2025/9/9 上午 08：00-12：00**
 - (2) **2025/9/8 下午 13：00-16：00**
7. 健檢地點：本校惠蓀堂南廣 B1

二、檢查須知：

1. 檢查前請先到「**新生 EZ come 系統**」完成「**健康資料自填項目**」，完成後請**列印**並於檢查當天帶到現場。
2. **檢查前需禁食 6-8 小時**（可喝少量白開水），前三日請勿劇烈運動、熬夜、抽煙、喝酒，以免影響檢查結果。
3. 視力檢查：有配戴眼鏡者，請攜帶眼鏡以便**測量矯正後視力**。
4. 尿液檢查：用塑膠杯截取**中段尿**，再倒入尿液試管。如遇**生理期仍需做尿液檢查**，繳交檢體時請告知工作人員另做註記。
5. X 光檢查：請穿著無鈕釦、無金屬、無亮片的上衣，如有懷孕，不需要做 X 光檢查。

三、無法於預約時間完成健康檢查者：

1. **簽約醫院（衛生福利部臺中醫院，享合約價格）：**
 - (1) **2025/9/10~9/30 在預約名冊者**，不需要提早預約，直接列印「**新生 EZ come 系統**」之「**健康資料自填項目**」拿到醫院補檢，報告統一送學校健康及諮商中心。
 - (2) **2025/10/1 以後**，請自行列印「**健康資料卡**」，填妥第一面自填項目後至醫院，報告須自取，或自付郵資可協助郵寄。
請配合“下午”時段預約專線電話：**04-22260360、或 04-22294411 轉 5300。**
 - (3) **體檢服務地點與時間：**
健康促進大樓【3 樓門診體檢中心】
週一至週六 上午 08：00-11：00
週一至周五 下午 13：30-16：00
2. **至非簽約醫院**如：大里仁愛醫院、中國醫藥大學附設醫院或其他醫院等完成健檢，費用約 850~2300 元不等（醫院等級不同，收費標準不同），並於**完成健檢後**，將**健康檢查報告及學生健康資料卡正本一份**繳交至惠蓀堂 1 樓健康及諮商中心。

四、新生如因故須於註冊當日隨即辦理休學者，可免做健康檢查。

五、休學者須於復學時完成健康檢查並繳交檢查報告至本校健康及諮商中心，始完成復學程序。

六、依據 105 年 4 月 12 日中市衛疾字第 1050031848 號函，將新生健檢列入新生入學流程完備之必要條件。若有健康檢查相關問題，請洽學生事務處健康及諮商中心，電話：04-22840241。

National Chung Hsing University 114th Academic Year New Student Entrance Health Examination Instructions (114.7.1)

According to Article 8 of the "School Health Law," schools should establish a student health management system, conduct regular health checks for students, and keep records. The main purposes are to measure students' health status, identify deficiencies and diseases early, seek early correction, cultivate personal awareness, attitudes, and behaviors that value physical and mental health, and enhance parents' and teachers' attention and concern for student health.

一、Inspection method (Implemented by the Taichung Hospital of the Ministry of Health and Welfare at the school):

1. Health check-up targets: new students of all academic levels, transfer students, and returning students.
2. Health check-up fee: **650 yuan per person**, to be paid to the hospital on the day of the check-up.
3. Carrying identification/documents:
 - (1) **Identification card** (to be checked during registration)
 - (2) The "**Health Data Self-Fill Items**" printed by the new **EZ come system**.
4. Book your health check-up appointment online: **August 18, 2025 to August 26, 2025** (limited to 150 people per time slot).
5. **Reservation website:** <https://www.surveycake.com/s/PZepa>
6. Health check-up time:
 - (1) September 4, 2025, to September 5, 2025, and September 8, 2025, to September 9, 2025, from 8:00 AM to 12:00 PM.
 - (2) September 8, 2025, from 1:00 PM to 4:00 PM.
7. Health Check-up Location: South Basement B1 of the Hui Sun Hall on campus.

二、Inspection Notes:

1. Before the examination, please first go to the "**New Student EZ Come System**" to complete the "**Health Information Self-Filling Items**". After completion, **please print it** out and bring it to the venue on the day of the examination.
2. **Fasting for 6-8 hours** before the examination (**you may drink a small amount of plain water**). Avoid vigorous exercise, staying up late, smoking, and drinking in the three days leading up to the examination. Alcohol, to avoid affecting the test results.
3. Vision test: For those who wear glasses, please bring your glasses for measuring corrected vision.
4. Urine test: Collect midstream urine in a plastic cup and pour it into a urine test tube. If a urine test is needed during menstruation, it should still be done. **When submitting the sample, please inform the staff to make a separate note.**

5. X-ray examination: Please wear a top without buttons, metal, or sequins. If pregnant, X-ray examination is not necessary.

三、Those who are unable to complete the health check-up at the scheduled appointment time:

1. Designated hospital (Taichung Hospital of the Ministry of Health and Welfare, enjoying contracted prices):
 - (1) For those who are listed in the appointment book from **September 10, 2025, to September 30, 2025.**, there is no need to make an early appointment. You can directly print out the "Health Information Self-Fill Items" from the "New Student EZ Come System" and bring it to the hospital for supplementary examination. The reports will be sent to the school's health and counseling center.
 - (2) After **October 1, 2025**, please print the "Health Data Card" by yourself, fill in the items on the first page, and bring it to the hospital. Reports must be collected by yourself, or you can pay for postage for assistance with mailing. Please make an appointment during the "afternoon" time slot, hotline: 04-22260360, or 04-22294411 ext. 5300.
 - (3) Health check-up service location and time :

Health Promotion Building 【3rd Floor Outpatient Physical Examination Center】

Monday to Saturday from 8:00 AM to 11:00 AM

Monday to Friday from 1:30 PM to 4:00 PM
2. **Complete the health check at a non-contract hospital**, such as Dali Renai Hospital, China Medical University Hospital, or other hospitals, with costs ranging from approximately 850 to 2300 NTD (the fees vary depending on the hospital's level). **After completing the health check, please submit the health check report and the original student health information card to the Health and Counseling Center on the 1st floor of Huisun Hall. New students who need to apply for a leave of absence on the day of registration for special reasons are exempt from undergoing a health check.**

四、New students who need to apply for a leave of absence on the day of registration for special reasons are exempt from undergoing a health check.

五、Students who have taken a leave of absence must complete a health check-up and submit the report to the Health and Counseling Center of the school upon returning to complete the re-enrollment process.

六、According to the letter with reference number 1050031848 from the Department of Health of Taichung City dated April 12, 2016, the newborn health check has been included as a necessary requirement in the complete process of newborn enrollment. If there are any health check-related issues, please contact the Health and Counseling Center of the Student Affairs Office at 04-22840241.

國立中興大學 114 學年度新生健康檢查 體檢流程關卡

- ① 學校報到：準備「學生資料表」【惠蓀堂正門入口處】
- ② 醫院報到：需攜帶「身分證」或身份證明文件【一樓】
- ③ 繳 費：每人650元，請自備零錢【一樓】
- ④ 集合說明：惠蓀堂地下室【地下室】
- ⑤ 檢 查 區：惠蓀堂地下室【地下室：B1南館】
- ⑥ X 光檢查：惠蓀堂前廣場【惠蓀堂：一樓前廣場】
- ⑦ 繳回體檢表：一定要繳回體檢表才算完成【地下室】

健康檢查注意配合事項

- 一. 請依線上預約 體檢日期 及 預約時段 準時報到。
未依預約日期及預約時段報到時，我們將優先服務預約該梯次同學，請稍候…
- 二. 需攜帶 身分證／健保卡 報到，以利身分查核、資料核對。
- 三. 新生體檢費每人 650 元當日現收，請自備零錢。(或剛好費用)
- 四. 檢查前一天避免熬夜，**檢查前需空腹禁食禁水 6 小時以上。**(未空腹不抽血)
- 五. **準備(疑似)懷孕或懷孕期間，請主動告知，請勿接受胸部 X 光檢查。**
- 六. 檢請穿 兩截式輕便服裝或運動服 (女性建議可穿無任何勾環之運動型內衣)
上(內)衣不要穿有拉鍊、亮片、鈕扣、裝飾品…等，避免配帶項鍊避免攜帶貴重物品。
- 七. 抽完血後請**用力按壓**抽血部位 5~10 分鐘，**勿搓揉**以防瘀血腫大。
- 八. 外籍學生居留體檢：請另行預約到院檢查。(04)22260360

若有任何不適，請立即請求現場任何服務人員協助或身旁任何人幫忙

請依【線上預約】檢查日期 及 預約時段 準時報到

檢查日期	9/4 (四)	9/5 (五)	9/8 (一)	9/9 (二)
報到時間	8:00~11:30 前	8:00~11:30 前	8:00~11:30 前	8:00~11:30 前
	—	—	13:00~16:00 前	—

未依線上預約日期及時段報到時，我們將優先服務該梯次同學報到，請稍候…